

Bausch & Lomb Contact Lens Workshop

Date: 24/June/2025

Location: Laxmi College of Optometry Panvel 410206

A comprehensive **Contact Lens Workshop** was successfully conducted by Ms. Mamta Joshi (Asst. Manager West Zone) **Bausch & Lomb** for the 3rd year students of optometry. The event was designed to enhance both theoretical knowledge and practical skills in the field of contact lenses.

The workshop was divided into two engaging sessions:

1. Classroom Session (First Half):

The morning session comprised a detailed classroom lecture conducted by experts from Bausch & Lomb. Students were introduced to the fundamentals and advanced aspects of contact lenses.

Topics covered included:

- Types of contact lenses (soft, RGP, specialty lenses)
- Indications and contraindications
- Fitting techniques and lens selection
- Contact lens materials and designs
- Patient education and compliance

The session encouraged active student participation through discussions and Q&A rounds, providing clarity on each aspect.





2. Hands-On Training Session (Second Half):

The post-lunch session focused on practical application. Under expert guidance, students got hands-on training in:

- Handling and insertion/removal of lenses
- Slit-lamp evaluation techniques
- Contact lens fitting trials
- Assessing lens fit and comfort
- Troubleshooting common fitting issues

This experiential learning opportunity helped bridge the gap between theory and practice, boosting student confidence in clinical skills.

The workshop was highly appreciated by all participants and proved to be a valuable learning experience, reinforcing foundational knowledge while promoting skill development in contact lens practice.

